

Meetings Feedback form for Borders Community Action Representatives

Name and purpose of meeting: Wellbeing Programme Board	
Date of meeting: 06/06/24	Attended by: <ul style="list-style-type: none"> • Juliana Amaral – Borders Community Action • Jenni Smith – Borders Care Voice • Chris Myers – Chief Executive Health and Social Care Partnership • Simon Burt – NHS Borders • Jenni Craig – SBC Director Communities and Partnerships • Wendy Henderson – Independent Sector • Jane Robertson – Social Work • David Mills – Social Work • Lynne Waters
Relevant agenda items: <ul style="list-style-type: none"> • Asset-Based Community Development: Chris Myers (10 mins) • Outcome of Wellbeing Activity Review and Next Steps: Jane Robertson and Lynne Waters (15 mins) • Wellbeing Governance, Lead and Project Group Membership: Jane Robertson (10 mins) • Funding Opportunities: Juliana Amaral (15 mins) • Role of the Third Sector Interface and Statutory Sector: Chris Myers, Jenni Craig and Juliana Amaral (15 mins) 	
Comments: <ul style="list-style-type: none"> • Asset-Based Community Development (10 mins): <p>Background information:</p> <p>Document from Nesta about how to rebuild relationships with communities through asset-based approaches: https://media.nesta.org.uk/documents/Asset_Based_Community_Development.pdf</p> <p>Video by Nesta about asset-based community development for local authorities: https://youtu.be/kwbJieCRe9o?si=nuOK4FZ-gU7gjdXb</p> <p>TEDx Talk by Cormac Russell about sustainable community development: from what's wrong to what's strong: https://youtu.be/a5xR4QB1ADw?si=7HHhkTsuyUhhzXJ9</p> <p>Overall support for the approach and alignment with third sector ways of working. Social work colleagues also supported and highlighted that this is the direction of travel across all partnerships and as part of a working culture between strategic partners across the Borders.</p> <p>Outcome Wellbeing Activity Review: Feedback was provided with 43 responses obtained 22 commissioned services and 21 non-commissioned services.</p>	

Mapping Exercise Survey Overview:

43 responses were received and **30** respondents refer onto other services.

22 responses were for commissioned services vs **21** for non-commissioned services.

Services and activities provided include:

- Music Therapy
- Walking
- Youth Support
- Homelessness Support
- Family Support
- Addiction Support
- Community Transport
- Adults Learning Disability Support
- Wheelchair Provision
- Adult Mental Health Support
- Mental Health Support for 10 to 18 year olds
- Children and Young People's Learning Disability Support
- Social Centres and Activities for Older People
- Physical Wellbeing Support
- Carer Support
- Gardening
- Cycling
- Advice and Information Support
- Health and Wellbeing Advice
- Shopping Support

Gaps identified:

Outcome of Wellbeing Review:



Outcome of Wellbeing Review:

Social Work Contracts Overview:

There are currently **241** active Social Care contracts which cover:

- Adults and Older People (x 85).
- Children and Families – Social Work (x 27).
- Children and Young People – Education (x 23).
- Early Years (x 58).
- Learning Disability (x 40).
- Public Health (x 3).
- Safer Communities & Homelessness (x 5).

SBC Grant Funding Overview:

We're waiting on additional information, but information received so far advises:

- Community-Led Local Development 23/24 Funding awarded **£124,023** to **10** community groups that support health and wellbeing.
- The Cheviot Neighbourhood Support Fund 2023/24 awarded **£19,385.89** to **nine** community groups that support health and wellbeing.
- The Eildon Neighbourhood Support Fund 2023/24 awarded **£34,304.78** to **five** community groups that support health and wellbeing.
- The Teviot & Liddesdale Neighbourhood Support Fund awarded **£4,919.60** to **two** community groups that support health and wellbeing.
- The Tweeddale Neighbourhood Support Fund 2023/24 awarded **£946** to **one** community group that supports health and wellbeing.
- The Community Welfare Trust 2023/24 awarded **£3,804** to **three** community groups that support health and wellbeing. This fund also provided a Borders wide award to Interest Link to provide befriending links and group activities.
- Funding has also been provided to the Adult Learning Programme which aims to help increase adults' numeracy skills through fun and creative learning workshops.

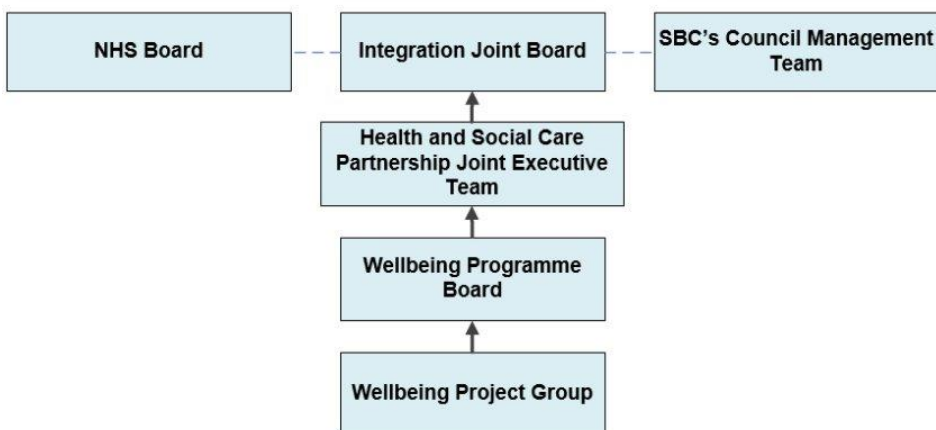
What are we trying to achieve with a mapping exercise?

Looking at Asset Base Community Development – looking at what is happening in the community and exploring an infrastructure to develop this.

Need to link to wider strategic work already happening such as CPP – theme 3 Health and Wellbeing Snapshot between statutory and non-statutory services

Governance, Lead and Project Group Membership

Wellbeing Governance Structure



Discussions around subgroups already in place that should be more aligned rather than creating new structures, i.e.: theme 3 of the Community Planning Partnership (CPP) around Health and Wellbeing. Need to identify priorities, membership will be reviewed and evolve accordingly.

- **Update on Communities Mental Health and Wellbeing Fund**

Juliana presented the initial funding information. The final criteria is pending information from the Scottish Government, engagement with users has been taken forward by BCA Team across Tweeddale, Berwickshire and Central Borders. The key message from users has been around the need for community-based activities to support people with a sense of belonging in their neighbourhoods,

transport has been highlighted as a main barrier to community activities. The steering group will meet once the engagement and final criteria is drafted for approval. The Fund is predicted to be launched in September 2024.

Juliana asked members of the Board to consider funding alignment, particularly with funds dedicated to mental health and Wellbeing such as social prescribing, Children and Young People Community Mental Health and Wellbeing Fund and the Whole Family & Wellbeing fund.

- **Role of the Third Sector Interface and Statutory Sector**

This was raised in relation to break of communication regarding decisions made on the underspent of the Social Prescribing funds.

Juliana provided an overview of the work done by partners and other third sector organisations and the frustration shared by all when communication was not provided on the allocation of the underspent, resulting in a break of trust between partners.

Jenny emphasised the importance of keeping information flowing between parts, particularly as third sector umbrella organisations have the duty to disseminate accurate information to the third sector.

Jenni Craig and Jane Robertson confirmed that underspent of funds were used to alleviate pressures on internal health and social care services and agreed to put together a narrative to update partners and the third sector. All agreed that this was not good practice and moving forward, all information and decisions will be made via the new Wellbeing Programme Board.

Jane agreed to put together clear update communications for Juliana and Jenny to distribute across the third sector.

- **AOB**

Jenni Smith asked about ALISS (A Local Information System for Scotland) proposal. The proposal was co-designed to develop a system to map services and activities across the Scottish Borders. No update has been provided to date, all agreed to bring the proposal to the next meeting for discussion.

Actions from this meeting:

- Juliana to meet with partners to explore third sector mapping.
- Juliana, Jenni, Simon and Chris are to meet to discuss the Community Mental Health and Wellbeing Fund and other funds alignment.

Distribution list for information:

- Borders Community Action membership

Signed: Juliana Amaral